

WHAT DO THE REFEREE HAND SIGNALS MEAN?



Goal

A legal goal has been scored.



YELLOW CARD Warning

Only one per player, a maximum of three per team.



RED CARD Disqualification

The player is suspended for the rest of the match, the team continues in numerical inferiority for 2 min.



A SERVICE OF THE
INTERNATIONAL
HANDBALL FEDERATION



Suspension

For 2 minutes, the team has to continue in numerical inferiority.



Forewarning signal

The attacking team executes passive play – they risk to lose possession of the ball.



Foul committed by the attacker

Results in losing possession of the ball.



Too many steps

The player is permitted to take a maximum of 3 steps with the ball in his hands.

HANDBALL RULES FOR BEGINNERS



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DEAR HANDBALL FRIENDS,

Handball is a terrific fast paced play including many goal-scoring scenes, fascinating tackling, acrobatic shots, brilliant tricks and spectacular goalkeeper saves.

Enjoy the handball matches!

Dr. Hassan Moustafa

PRESIDENT OF THE INTERNATIONAL HANDBALL FEDERATION

BASIC RULES

HANDBALL MEANS...

... 2 teams with 6 court players and 1 goalkeeper each compete.

... player substitutions can be effected at any time.

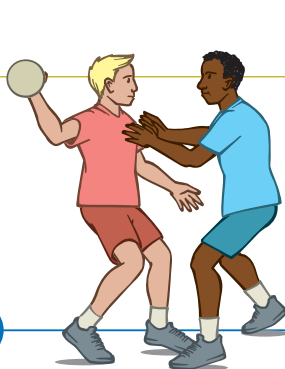
... the court players must not enter the goal area (6m in front of the goal).

... the goalkeeper is entitled to act as a court player.

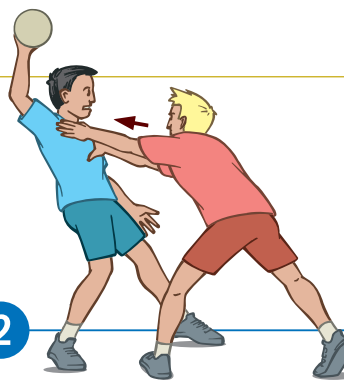
... the playing time is two halves of 30 minutes with a 10 min-break inbetween.

... two referees lead the match.

1



2



3



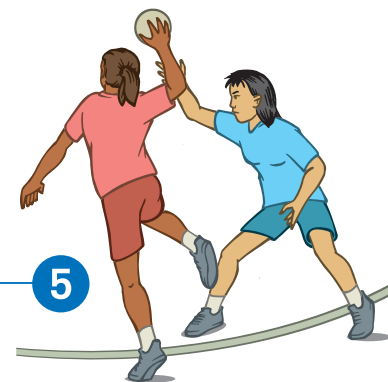
THE DEFENDER ...

- 1 ... is allowed to have body contact in a man-on-man situation
- 2 ... must not hit
- 3 ... must not hold or restrain
- 4 ... must not strike or pull back the opponent's throwing arm
- 5 ... must not spoil a clear chance of scoring with illegal means. This always leads to a seven-metre throw!

4



5



6



7



1

2

3



THE ATTACKER IN POSSESSION OF THE BALL...

- 6 ... is entitled to bounce the ball as often as he likes to do so. If he catches the ball he is allowed to take a maximum of three steps with it. Then he has to pass or to shoot.
- 7 ... has to jump at the goal-area line (6m line), is allowed to fly above the goal area but must not enter it with the ball in his hands.



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