**What is Mini Handball?**

**Mini Handball is...**

**...a game.**

* a special philosophy
* special equipment
* special rules
* adapted to children up till 8-9 years

**...Mini Handball training.**

* training more important the matches
* fun, high activity
* enthusiastic coaches
* varied training adapted to the children

**...Mini Handball festivals.**

* a positive experience with sport
* minihandball and other adapted activities

**...a possibility to involve adults.**

* as coaches
* as parents (supporters – to the child, to the coach, to the club..)

These pages are based on the brochure "Let's play Mini Handball" by Steen Hjorth, member of the IHF Commission for Promotion and Public Relations.