

2014 Youth Olympic Handball Tournament in Nanjing

Offensive defence systems

On the second matchday, very offensive defence systems could be observed in the girls' and the boys' tournaments.

The Korea women's youth followed the example of their women's national team and played their usual very offensive 3-3 defence against Angola.



In their match against Norway, the Brazil men's youth even played an extremely offensive 1-5 defence.

The picture row shows the basic formation against an attack in numerical inferiority as well as an individual solution of the Norway left wing against this extremely offensive defence.



Brazil attack the Norway back-court players already during the build-up phase in order to block long run-ups immediately.



The result is obvious: the attacking play was disturbed early and in parts the back-court players have to move back – even into their own half – to catch the ball safely.





The left wing has to move far back to be able to catch a ball. On the other side, an attacking player attempts to get into space without the ball.





While the left wing, who is in possession of the ball, wants to overrun his opponent and moves to the outside, the pivot runs from the left wing position to the centre and thus, draws his opponent with him.



The break-through area on the left wing position is free and the attacker takes a short run before jumping into the goal area (jumps off his right leg).







Technically perfect shot variation: the left wing spins the ball around the goalkeeper into the goal (spin shot).